

Parental Consent Form

Event/Ride Details

Name of Event/Ride: _____ Date: _____

Approx. Distance: _____ Destination: _____

General event/Ride description (Route/Terrain): _____

Details of Participant

Name: _____ Age: _____

Cycling UK Membership No.: _____

I, _____ the parent or guardian of the participant above, consent to them taking part in the above event/ride.

Signature: _____

Emergency Contact Details

Name: _____ Mobile Number: _____

Relationship to Rider: _____

Parental Consent

Parents/guardians of riders under the age of 18 must consent in writing to their participation in Cycling UK events and rides. The only exemption is where a young person having reached the age of 16 can prove they no longer live with their parents or guardians but are living as an independent adult. This needs to be proven by the supply of evidence such as a rent book with their name and address on or a National Student Union Membership card.

Cycling UK Policy on Young People's Participation in Cycling Activities

The minimum age for unaccompanied children on any ride/event is 13. Children aged 13 to 17 may participate unaccompanied if they have parental permission and signed Parental Consent. There is no lower age limit if accompanied by a responsible adult acting in loco parentis, but a signed Parental Consent form is still needed. Parents or guardians must also understand: the demands of the cycling activity and that they alone can make the decision about the ability of their child to complete it; that the child may cycle with other adults and/or with other children, but that there is also a possibility of the child cycling on its own e.g. with treasure hunt events); that while Cycling UK extends a welcome to cyclists of all ages and abilities, no special provision for children is made; that arrangements to get to and from the event are the sole responsibility of the parent or guardian; that DBS checks may not have been done on event organisers or ride leaders.

Photography/Filming

Cycling UK and its volunteers may take photographs or film footage of an event or ride. Young people under 13 must have separate signed Parental Consent for any photos to appear in local or national media. Children aged 13 to 17 may provide their own consent ([See Photography and Filming Consent](#)).